

Welcome

We would like to welcome you to the 2023-2024 school year and wish each of you an enjoyable and successful time at Metro Prep.

First Day Back

Tuesday September 5 will be the opening day for all classes. Upon arrival, students should go to the cafeteria and pick up their class schedule and locker assignment.

Please note that classes will finish at 12:40 pm on this date.



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Textbooks

We expect students to have all required textbooks by **Wednesday September 6**. Textbooks can be purchased online at The Batner Bookstore (<u>www.batnerbookstore.com</u>) or Alpha Textbooks (www.alphatextbooks.com).

Students who wish to sell books can make a post in the 'Books For Sale' group on Edsby. Any new students or parents without Edsby access who wish to inquire about used books are asked to contact the school.

Edsby Accounts

All students will receive Edsby login information by the end of August, followed by instructions for new parents.

Parents who were already registered will continue to use their existing passwords, or can click "Forgot Password" on the login page.



Regular Class Times

Period 1	9:00 am - 10:10 am
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Period 2	10:15 am – 11:25 am
Period 3	11:30 am - 12:40 pm
LUNCH	12:40 pm – 1:20 pm
Period 4	1:20 pm – 2:30 pm
Period 5	2:35 pm - 3:45 pm

The school opens at 7:30 am and closes at 6:30 pm.

Early Dismissal Times

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Period 1	9:00 am - 9:40 am
Period 2	9:45 am - 10:25 am
Period 3	10:30 am - 11:10 am
Period 4	11:15 am – 11:55 am
Period 5	12:00 pm – 12:40 pm

Photos & Wellness

Picture Days

All students in Grades 7 through 12 will have their school picture taken **Friday September 15**.



Grade 12 and Grade 8 Grads — February 9

Students who plan to graduate from grade 12 this year will have their graduate photos taken on **Friday February 9**. There is a sitting fee of approximately \$40. Graduates are to wear a white shirt with a collar on that day, and male students must bring a tie.

The grade 8s will also have their graduation pictures taken on **Friday February 9**. For the grade 8 graduates there will also be a sitting fee of approximately \$40.

TTC Identification

If you are between 13 and 15 years old, you do not need identification to travel.

If you are between 16 and 19 years old you will need to carry your high school photo ID (distributed at the end of September after picture day) or Driver's License or the Ontario Photo Card.

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Immunizations

Free Hepatitis B, Meningitis C and HPV vaccines are offered to grade 7 students in clinics operated by Toronto Public Heath (TPH).

In the province of Ontario, the meningococcal vaccine is mandatory.



During the COVID-19 pandemic many students did not receive or update their vaccines. As a result, Toronto Public Health is holding vaccine clinics throughout the summer to give students completing grades 7 to 12 these important lifesaving immunizations. Ontario health insurance (OHIP) is not required.

The vaccinations are free, safe and highly recommended before leaving high school. If you need to locate a clinic near you, please contact Toronto Public Health at 416-338-7600 or online at www.toronto.ca/health.

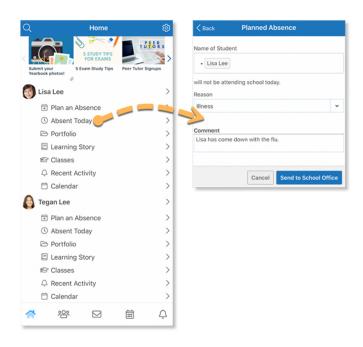
Attendance

Please remember that if your child is going to be late or absent from school due to sickness or an appointment, we ask that you call the office in the morning to let us know or use Edsby.

416-285-0870



Parents and guardians can notify the office of absences using Edsby.



Guidance Reminders

Grade 12 Students — University Candidates

The 2023 Ontario Universities' Fair is being held at the Metro Toronto Convention Center (South Building) on **October 21 and 22** between the hours of **10 am to 5 pm**. Please see www.ouf.ca for more information. This is a great opportunity for students and parents to meet representatives from Ontario universities.

Students applying to university or college this year must attend our Group Information sessions. Grade 12 students whose last name (family name) begins with the letter **A to L** will have their session **Tuesday September 19**. Students whose last name (family name) begins with **M to Z** will have their session on **Thursday September 21**. The sessions will take place after school at **3:45 pm** and parents are invited to attend. Parents are asked to confirm attendance by emailing Sue Dhillon at guidance@metroprep.com.

Many representatives from the Ontario and Out-of-Province Universities will be visiting our school throughout the fall. Students will be provided with a list of the visiting schools and specific dates and times.

Digital SATs

For students interested in writing the SATs this fall, please note that the first test is being offered on **Saturday October 7**. To write on this test date you must have registered by **September 22**. Please note that each university has its own requirements for the 2023-2024 admissions cycle (test optional, test flexible, test blind). Students are to register online at www.collegeboard.com using our school code 826118. The school does not register students for the SATs.

This website also offers free practice tests. Students in Grade 11 who are considering going to the United States for their post-secondary education should consider writing the PSAT and one SAT test this year, and one early in their Grade 12 year.

Grade 10 Literacy Test

All students who entered Grade 9 in September 2022, and the Grade 11 and 12 students who have not written or been successful with the test, will write **during the Fall Semester**. The date is TBD.



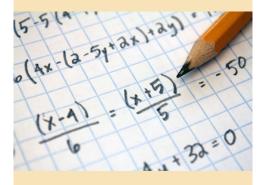
Testing Dates

Digital PSATs

Grade 10 and 11 students interested in writing the PSATs during the month of **October** please reserve your test with Sue Dhillon in Guidance by mid-September. The test fee is \$18.

SATs and Subject Test DatesTesting dates for 2023-2024 are:

October 7 • November 4
December 2 • March 9
May 4 • June 1



Fall Academic Contests

Our students will have the opportunity to compete in various Academic Contests this fall, including:

- Beaver Computing ChallengeNovember 8
- Canadian Senior and Intermediate Waterloo Math Contests — November 15 (with fee of \$14)



Anticipated Fall Sports

Golf (Experienced U20)

Co-ed Cross Country Running (U20)

Co-ed Flag Football (U20)

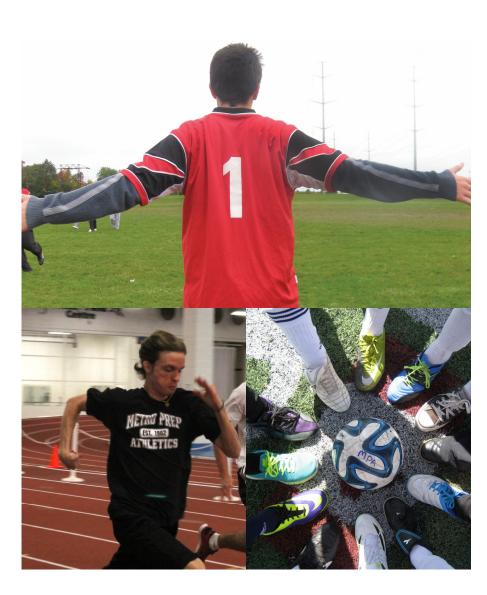
Co-ed Ultimate Frisbee (U20)

Boys Basketball (U20)

Soccer (U20)



Athletics



Clubs & Events

School Clubs

Music Club • Robotics Club
Art Club • Board Game Club
Yearbook • School Production
Debate Club • Foodie Club
Fun Club • Fitness Club

Some previous Fun Club activities include wakeboarding, paintball, archery tag, and more! Other clubs will be announced throughout the year.

The Tartan Tradition

Beginning in September, Metro Prep House Families will reassemble and begin competing for championship status, continuing our tartan tradition!

Each student will have a place on a house team and will be encouraged to get involved in as many after-school activities as they can. Points are awarded based on student participation and are averaged out with their academic scores to create an overall house team score.

In June, the House with the highest team average wins the coveted Championship Trophy, individual medals, and most importantly, the distinguished honour of being House Champion.



Harvest Moon Festival

During the **last week of September**, Metro Prep will celebrate the Harvest Moon Festival.

The Moon Festival, also known as the Mid-Autumn Festival, is an important celebration in Chinese culture. The tradition dates back over 3000 years and marks when the Moon is at its brightest and fullest size, coinciding with Chinese harvest time in the middle of Autumn.

Festivities include eating traditional Mooncake pastry and the display of lanterns of all shapes and sizes, symbolic beacons that will light a person's path to prosperity and good fortune!



Get Ready Metro Prep

HOUSE TEAMS